

Online pre-paid sign ups required. NO drop-ins. 5 people max per class.

SUNDAY		
Pilates for Dancers (11 & older)	10:30a – 11:25a	Krystal Daniels
Intermediate Reformer	11:30a – 12:25p	Amber Neuhauser
TUESDAY		
Pilates for Dancer (7-11 yrs old)	2:30p – 3:25p	Yvette Baker
Reformer for Performers	3:30p – 4:25p	Yvette Baker
WEDNESDAY		
Pilates for Dancer (7-11 yrs old)	3:00p – 3:55p	Galina Geissendoerfer
FRIDAY		
Pilates for Dancer (11 & older)	5:30p – 6:45p	Yvette Baker

Semi-Privates

1 Session \$45
5 Sessions \$200
10 Sessions \$325

Full Privates

Intro Session \$40
1 Session \$70
5 Sessions \$300
10 Sessions \$525

*** Intro disclaimer, see below

Reformer

1 Reformer \$25
5 Reformer \$115
10 Reformer \$200

Reformer classes & full private/semi-private sessions are 55 minutes --

*Intro privates are 55 minutes

***Intro privates are limited to a one-time purchase and one-time use to get you started and familiar with Pilates and the equipment.

Cancellations must be made 24 hours prior to class/private or you will be charged.